



Lillian Orlowsky + William Freed Museum School Materials List

Contemporary Papier Mache with Heather Blume

Please bring the following to be prepared for your workshop:

All materials on this list may be substituted with whatever can be found around the home that looks promising for creating artworks. True, some materials can be purchased locally at a hardware store or ordered online, but need not be if a participant chooses to keep close to home.

Tools

Scissors, 8", 6"

Straight Edge (tearing tool)

Box cutter or mat knife (for cutting supports)

3-4 Brushes, cheap short handle Bristle or Sponge, 2", 4" (for application of paste)

4 pair gloves (vinyl, neoprene, whatever you choose IF you don't like getting sticky)

*see below

Adhesives

Wallpaper powder (found at hardware stores or online)

or

Wallpaper paste/liquid (also found hardware or online)

or

Homemade Wheat Paste (flour and water) *note recipe available upon request

Diluted White glue (PVA, Elmers-1 pt glue to 3 pt H2O) or Acrylic matte or satin medium (Golden, Liquitex, Hodge Podge)- both best for final layering

Paper

Tissue, paper towel, crepe, (pliable, good for modeling detail or transparency)

Newspaper, newsprint, yellow pages (stiffer, builds form well and speedily) Recycled colored paper (i.e. magazine inserts, advertisement uncoated)

Art papers (rice, lightweight drawing)

Heavier Paper/ Support

Recycled molded paper (egg carton, vegetable containers)

Recycled cardboard

Heavyweight rag paper

Support and or Layering

Bamboo Skewers, Toothpicks

Cotton- string, fabric

Hemp- string, burlap

Wire (22 gauge used in wreath making preferable, but not larger than 18 gauge), chicken wire, *Screen mesh (requires pliers and wire cutter)

Solvent Notice (where applicable)

Turpentine, regular Turpenoid, regular mineral spirits, Damar Varnish and Spray fixatives (or any aerosol sprays including spray paint) are NOT ALLOWED in PAAM studios.

Approved Solvent: Gamsol

Here's why: Gamsol contains 1/3 the toxicity of turpentine. Gamsol separates liquid from paint particles when left to

sit in a jar. As a result, the “clean” fluid can be poured off and used repeatedly, while pigment sediment can be disposed of. Also acceptable is Martin/F. Weber Co. Turpenoid Natural.

Approved Mediums: PAAM recommends Chartpak’s Grumbacher Alkyd Painting Medium or Grumbacher Copal Painting Medium; Winsor & Newton’s Artisan Painting Medium or Artisan Water Mixable Fast Drying Medium; or one of the natural oil products such as Daniel Smith’s Poppyseed Oil.

Gamsol and many of these other products are available for purchase at the Artist-Loft or Conwell Lumber in Provincetown.

Workshop Location

This workshop will meet at PAAM’s studios, at 460 Commercial Street. The PAAM Museum School entrance is along the Bangs Street side of the building and can be reached either from Bangs Street or by taking the 460 Commercial Street museum entrance ramp around to the left. Once inside you may either take the stairs or the elevator to the second floor.

Parking

Unfortunately, parking is not available at PAAM. Students are encouraged to drop heavy materials off at the School before class, and to allow time to park and walk. If doing so, please pull into a space and leave your blinkers on.

Provincetown is a great walking and biking town. There are two bike racks at the Museum.

Parking on Bradford or Commercial Streets: Street parking can be found within a few blocks radius of PAAM on Bradford and Commercial streets. Please pay close attention to yellow lines, which signify tow zones. Please do not park in Angel Foods parking lot or block driveways on either street as your car will be towed. Street parking is available on many nearby side streets.

Provincetown’s Public Parking Lots: Parking Fees are in effect April through October.

Johnson Street Parking Lot: corner of Commercial St. and Johnson St., parking meters.

FarLand Market Parking Lot: corner of Johnson St. and Bradford St. (next to FarLand Market)

MacMillan Wharf Lot: base of MacMillan wharf.

There is also a parking area with meters along Harry Kemp Way, close to Conwell St.

Handicapped Parking: For those people with handicapped placards, there is a space reserved in the PAAM lot on Bangs St and two spaces on Commercial St.

Alternatives to driving:

The FLEX bus:

The FLEX bus runs daily from Harwich down to Provincetown (800)352-7155 capecodtransit.org

Other Parking Alternatives: If you know of parking not listed here, can offer suggestions to resolve parking issues, or have parking questions please speak with Kiah Coble.

The Lillian Orlowsky + William Freed Museum School
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